

PERSONNEL AND ADMINISTRATION DEPARTMENT

STANDARD OPERATING PROCEDURE		
<b>Department:</b> Personnel and Administration	SOP No.:	
Title: Procedure for Medical Check-up	<b>Effective Date:</b>	
Supersedes: Nil	<b>Review Date:</b>	
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## 1.0 OBJECTIVE

To lay down a procedure for medical check-up.

## 2.0 SCOPE

This SOP is applicable to medical checking of all employees working in Manufacturing Facility.

## 3.0 RESPONSIBILITY

Executive/Officer – PAD

Head Of Department -QA

## 4.0 PROCEDURE

## 4.1 Pre - Employment Medical Test

- 4.1.1 Medical check-up for every new joining employee shall be carried out by the competent medical doctor and a certificate of fitness from the doctor shall be submitted to PAD department either before or on the date of joining.
- 4.1.2 In case, medical check-up not performed at the time of joining, a self-declaration regarding medical history shall be seeked from the employee. For this purpose self-declaration medical report shall be filled and signed by the employee (Annexure –III). However, the competent medical doctor shall carry out complete medical check-up of such employee subsequently.
- 4.1.3 The personnel department shall maintain "Pre-employment Medical Check-up".

# 4.2 Annual health check-up

- 4.2.1 Annual health check-up record of each employee examined by a qualified medical practitioner will be maintained.
- 4.2.2 The medical practitioner examines each employee involved in manufacturing operations, for the parameter listed in Annexure II. Record the medical report as per Annexure- II.



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- 4.2.3 Employees, working in the stores and production areas shall report for any illness, open wounds, cuts, lesions (on open part of the body), rashes, skin ailment, fever or any other communicable diseases, infection to the concerned supervisor. Such employees shall not be allowed to work in production / process areas where products are handled in open & poses risk of contamination to the products. The supervisor shall reassess the employee after illness. (Refer Annexure I)
- 4.2.4 Supervisor shall also monitor the health of employees in their department and action shall be taken if any unusual suspected symptom of illness as sited above is noticed (Refer Annexure -I).

# 4.3 Health Check up for contractual Labour

4.3.1 The labour supplier shall assure the health of contractual labor. No labour with symptoms of contagious disease, open wounds, lesions, or any medical condition harmful to product or personnel shall be allowed into the premises. For contractual labour involved in packing and inspection, adequacy of vision and absence of color blindness shall be ensured by the vendor.

## 4.4 Frequency of Keeping Records

- 4.4.1 Pre-employee medical test record and annual check up records will be kept up to length of service.
- 4.4.2 For personnel directly involved in manufacture, storage, handling and analysis of products, records shall be maintained for one year after end of service of the concerned employee.

# 5.0 ANNEXURE (S)

Annexure − I : Illness reporting Form

Annexure – II : Medical report

Annexure – III : Self-Declaration Medical Report

## 6.0 REFERENCE(S)

Nil

## 7.0 ABBREVIATION (S)/DEFINITION (S):



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BP: Blood Pressure

CNS: Central Nervous System.

ECG: Electro Cardio Gram

PAD: Personnel & Administration

## **REVISION CARD**

S.No.	REVISION No.	REVISION DATE	DETAILS OF REVISION	REASON (S) FOR REVISION	REFERENCE CHANGE CONTROL No.
1.	00		ł	New SOP	1



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# ANNEXURE I

	ILLNESS REPO	ORTING FORM	
Name of En	mployee:	<b>Designation:</b>	
Date of Rep	porting:	ting: Department:	
S.No.	TYPE OF ILLNESS		PLEASE PUT TICK MARK BEFORE THE APPROPRIATE ILLNESS
1.	Open wounds, cuts, lesions at hand. Legs open part of the body	s, face or on any	
2.	Rashes, boils or any skin ailment		
3.	3. Upper respiratory tract infections, cold, cough.		
4.	Fever		
5.	Dysentery or gastric problem		
6.	Any other Communicable disease, infections		
Supervisor'	's Remarks:		
l			
	en by the Supervisor:		
Reassessme	ent of the Employee:		



B.P

# PHARMA DEVILS

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ANNEXURE II				
MEDICAL REPORT				
Name:	Age:	Sex:	_	
Father's name				
Identification Mark:			_	
Lab. Investigation: Hb				
TLC:				
DLC:				
ESR				
Blood Grouping:				
SSR. Cholestrol				
Urine Complete				
Blood Sugar				
X-ray Chest				
ECG				
Color Blindness				
Systematic Check up				
Respiratory System				
Cardiovascular system				
ENT				
Eye Vision				
Nervous System				
GI System				
Other:-				
Anemia				
Lymphadenopathy				
Fingure Flexibility				
Height				
Weight				
Pulse				



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Name:	Age:		
Height:	Sex:	Weight:	

Height:		Sex:	Weight:	
Present complaints		:		
Past History		:		
Personal History		:		
Family History				
GENERAL EXAMI	NATION	:		
Temp:		Pulse:	BP:	
Pallor, Icterus, Cyanos	sis, Clubbing:	•		
CARDIO VASCULA	AR SYSTEM:			
RESPIRATORY SY	STEM:			
ABDOMEN:				
Liver/Spleen/Kidney/0	Other palpable Mass/ An	y Tenderness:		
CNS:				
Orientation to time/ pl	lace / Person/ Cerebellar	Sign/Others:		
SKIN:				
EYES:	Vision			
	Right		Glasses	
	Left		Glasses	
E.N.T. :			1	
Hematology				
Urine Examination				
Blood sugar				
Blood Group				
HIV				
ECG (above 40 yrs)				
Treatment Advised				
		<u> </u>		

Declaration: Person is free from tuberculosis, skin and other communicable and contagious disease



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## LABORATORY REPORT

# **HAEMATOLOGY**

TEST OBSERVATION REF. RANGE & UNITS

HAEMOGLOBIN

TOTAL LEUCOCYTE COUNT

(TLC)

DIFFERNTITAL LEUCOCYTE

COUNT (DLC)

**NEUTROPHILS** 

LYMPHOCYTES

MONOCYTES

**EOSINOPHILS** 

**BASOPHILS** 

E.S.R (WESTERGREN)

SERUM CHOLESTROL

GLUCOSE RANDOM:

**BLOOD GROUP:** 

RH:



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## **URINE EXAMINATION**

PHYSICAL EXAMINATION\

COLOUR

TRANSPARENCY

**CHEMICAL EXAMINATION** 

REACTION

**SUGAR** 

ALBUMIN

MICROSCOPIC EXAMINATION

RBC'S

**PUS CELLS** 

EPITHELAIAL CELLS

CRYSTAL (CALCIUM OXALATE)

AMORPHOUS DEPOSITE

TRIPLE PHOSPHATES

ANY OTHER



RESPIRATORY PROBLEM:

DATE:

ANY CONTAGIOUS DESEASE:

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SE	ANNEXURE LF DECLARATION ME		PORT	
Name:	Height	:		
Age :	Weight	:		
Sex :	Date of Joini	ng :		
Presents Complaints	:			
Past History	:			
Personal History	:			
Family History	:			
GENERAL EXAMINATION	ſ			
SKIN AILMENT	:			
EYES With glass(give the no.) Without Glasses	:			
BLOOD GROUP	:			
RI OOD SUGAR				

SIGNATURE OF EMPLOYEES